

### MONCRIEF CANCER INSTITUTE

REPORT TO THE COMMUNITY

## We're All Fighting Cancer.

Cancer is a disease that affects us all. From family to friends, we will all witness someone we know or love suffer as they are diagnosed, treated, and conquer cancer. But one thing is sure: if we face it together, we can end it together.

For decades, Moncrief Cancer Institute has worked to make preventative care and leadingedge cancer treatments accessible to the people in our community who need it most. Thanks to the generosity of the Moncrief family, our name stands for hope and healing in Fort Worth. Alongside our partners and the communities we serve, we're able to continue that fight today.

There is no end to the positive impact one person can have on this disease. From minutes to dollars, every act of support gets us closer to the end of cancer. **Because when we all fight, we fight for all.** 

<sup>66</sup> The need will not shrink; it will only grow. With your support, Moncrief Cancer Institute will continue to address and solve cancer care needs for North Texas."

KEITH ARGENBRIGHT, M.D. | Director, Moncrief Cancer Institute









## The Power of Partnership

Since 1999, Moncrief Cancer Institute and UT Southwestern Medical Center have been committed partners, working together to ensure our community is able to prevent, detect, and survive cancer.

UT Southwestern, one of the premier academic medical centers in the nation, integrates pioneering biomedical research with exceptional clinical care and education. Several of UT Southwestern's specialties are consistently nationally recognized, including the cancer program.

UT Southwestern Harold C. Simmons Comprehensive Cancer Center at Moncrief Cancer Institute brings the expertise, leading-edge research, and advanced technology of one of America's leading cancer centers to the people of Tarrant County and beyond.

Simmons Comprehensive Cancer Center is the region's only National Cancer Institute-designated cancer center, offering the latest advances in cancer care. As an academic medical center, UT Southwestern physicians and scientists work together every day to turn discoveries into innovative, lifesaving therapies. This is unique among medical centers in North Texas.

Through our partnership with UT Southwestern, our community has the opportunity to support advancements in research and also enroll in clinical trials at Moncrief Cancer Institute. This research provides hope for present and future generations.

Cancer research is more than just scientists in a laboratory. Our screening programs for all cancers also function as population-based research studies that span the cancer experience, from prevention and early detection to survivorship. \*\* No matter the industry – railroad or healthcare – partnerships are the key to success. Together, we can bring innovative and compassionate care to Fort Worth."

MONCRIEF CANCER INSTITU

**MATT ROSE** | Former Executive Chairman, BNSF Railway Company, and Chair, UT Southwestern Medical Center — Greater Fort Worth Advisory Committee

## Education & Awareness

We partner with organizations across North Texas to educate the community on the importance of the prevention and early detection of cancer, reaching approximately 1 million people each year.

1.4 MILLION

We focus on engaging, educating, and empowering patients with cancer and those at risk for cancer so they can benefit from the research, care, and expertise of Moncrief Cancer Institute and UT Southwestern.

Our Mobile Cancer Clinic is an innovative 18-wheeler that brings education and screening services to those who wouldn't otherwise have access to these resources. We go to the areas of North Texas with the greatest needs, targeting 1.4 million people in 35 counties. This is nearly half of the underserved population in the region.

In 2019, we launched a new education and screening program to help address

the rising occurrence of liver cancer in Texas, which has the second-highest rate in the nation. The hepatitis C virus is the leading cause of liver cancer, and many are unaware they have it. Our hepatitis C screening and navigation program is available to all adults, but we focus on those born between 1945 and 1965 because they are five times more likely to have the virus than other adults.

We identified a need to create awareness and educate this population about hepatitis C and its connection to liver cancer. In the first 10 months of the program, we screened nearly 800 people, with the goal of reaching thousands more.

TARGETING

1.4 MILLION MINORITY

AND UNDERSERVED

PEOPLE IN

**35 COUNTIES** 

<sup>66</sup> I would not be here had it not been for Moncrief."

**FRANCES RUIZ** | Breast Cancer Survivor

After losing her insurance when she was laid off from her job, Frances Ruiz was prepared to skip her annual mammogram until she saw an ad from Moncrief Cancer Institute.

Moncrief provides free mammograms for women without insurance and those who qualify, thanks to funding from Cancer Prevention and Research Institute of Texas, Texas Health and Human Services Commission, Susan G. Komen® Greater Fort Worth, Susan G. Komen® North & West Texas, and Susan G. Komen® Greater Central and East Texas. Frances' mammogram detected an abnormality; and after a biopsy, which was also funded through Moncrief, it was determined that she had stage 1 breast cancer. Moncrief's nurse navigators helped guide her from diagnosis through treatment and beyond.

Today, Frances is cancer-free and an advocate for early detection.



As a prostate cancer survivor, I know how important early detection is. By getting screened regularly for certain types of cancer, you can find it early, when treatment is more likely to be successful. I'm proud to say we have screened nearly 900 men for prostate cancer through our partnership with Moncrief Cancer Institute. Together, we are helping the men of Tarrant County live longer, healthier lives."

**ROY C. BROOKS |** Tarrant County Commissioner, Founder of Healthy Lives Matter, and Prostate Cancer Survivor

#### " Our partnership with Moncrief Cancer Institute to provide colon cancer screening and navigation services has saved the lives of our underserved residents.

We are grateful for Moncrief's efforts to reduce some of the healthcare burden our community faces every day."

**CYNTHIA PERRY, M.D. |** Chief Medical Officer, ResourceCare Community Health Center, Breckenridge, Texas

# Prevention & Screening

Early detection saves lives. Through our screening programs over the last 10 years, we have identified 1,700 cancer cases. We partner with more than 50 hospitals and healthcare providers in rural counties. These partnerships allow us to provide our neighbors in medically underserved communities with screening programs that help detect cancer at its earliest stages.

In the next two years, our screening programs will serve more than 32,000 people. These efforts include screenings for breast, cervical, colon, and lung cancers along with hepatitis C, the leading cause of liver cancer. Our breast and cervical screening program is one of the largest in North Texas for the underserved community. More than 600 patients were referred to us by their physicians for our new lung screening program, one of a few programs in Texas that targets rural populations.



WE WILL PROVIDE SCREENING AND FOLLOW-UP CARE TO MORE THAN

52,000 PEOPLE IN THE NEXT TWO YEARS

## Why Is Cancer Research and Care Important?

1.7 MILLION

NEW CASES OF CANCER WILL BE

**DIAGNOSED IN THE U.S.<sup>1</sup>** 

18,400 TOTAL SCREENINGS ACROSS FIVE **PROGRAMS: BREAST, CERVICAL,** COLON, LUNG, AND LIVER<sup>3</sup>

324 CANCERS AND **PRE-CANCERS** 

DETECTED<sup>3</sup>

30,000 UNIQUE PATIENTS SERVED<sup>3</sup>

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12,900

STATE-OF-THE-ART BREAST SCREENINGS **AND DIAGNOSTICS<sup>3</sup>** 

BREAST CANCER **DIAGNOSES**<sup>3</sup>

3.6

CLINIC HAS TRAVELED

TO REACH THE UNDERSERVED POPULATION

CANCER PATIENTS AND SURVIVORS **RECEIVED SERVICES THROUGH** OUR SURVIVORSHIP PROGRAM IN THE LAST SIX YEARS

**OUR MOBILE CANCER** 

3. Facts are from fiscal year 2019.

## Strength of Moncrief

38%

OF MEN AND WOMEN WILL **BE DIAGNOSED** WITH CANCER IN THEIR LIFETIME<sup>2</sup>

LUNG CANCER IS THE LEADING CAUSE OF **CANCER DEATH** AMONG BOTH MEN AND WOMEN<sup>1</sup>

607,000 WILL LOSE THE FIGHT AGAINST CANCER IN THE U.S.<sup>1</sup>

1. American Cancer Society. Cancer Prevention & Early Detection Facts & Figures 2019-2020. Atlanta: American Cancer Society: 2019.

2. National Cancer Institute, based on 2013-2015 data

**3 MOST COMMON** CANCERS IN WOMEN<sup>1</sup>



**3 MOST COMMON CANCERS IN** MEN<sup>1</sup>

> PROSTATE LUNG COLON

### <sup>66</sup> The team changed our life and made this road back to health seem possible."

CAS HALEY | Husband of a Cancer Survivor

# Navigation & Treatment

Our team of navigators is available to patients and their families from diagnosis through treatment and beyond. They guide patients through the complicated healthcare system and help them overcome financial obstacles, providing **72,000 HOURS** of assistance each year. To meet the needs of our diverse population, we provide a language line, bilingual staff, and video interpretation devices onsite and in our mobile clinic.

Our building was designed with the patient experience in mind. It features two gardens that focus on light and beauty and an art gallery with rotating regional art exhibitions curated by the TCU School of Art.





The Haley family is passionate about paying it forward. They made a gift in honor of their nurse navigator to support others in navigating the complicated health system and financial burden of a cancer diagnosis.

Moncrief has been with me every step of the way. After the initial discovery from the colon cancer screening kit, they continued to help me get the care I needed. They made a difficult situation easier, and I'm tremendously grateful."

JANICE ROBBINS | Colon Cancer Survivor

### Survivorship & Support Services

We give patients the tools they need to survive – and thrive – mentally, physically, and emotionally. Our care includes:

- Fertility preservation so that a future family may be possible after cancer
- Genetic counseling to help families determine their cancer risk
- Nutrition planning and cooking skills to promote healing and wellness
- One-on-one and group exercise sessions to help patients prepare for and recover from treatment, and help prevent the recurrence of cancer

- Psychologists to help with the emotions of cancer
- Social workers to assist in adjusting to life after diagnosis
- Specially designed programs for adolescents and young adults, ages 18 to 39
- Therapy dogs to reduce patients' anxiety and pain levels



## <sup>•</sup>I could not have done this without them."

HALEIGH CURLEE | Breast Cancer Survivor

Survivorship means living with, through, and beyond cancer. You are a survivor from the day you are diagnosed, and we help patients live their lives to the fullest."

JAY LOHREY, M.D. | Medical Director, Simmons Comprehensive Cancer Center at Moncrief Cancer Institute Since 2013, nearly 4,000 patients got back to living through the care and guidance of our survivorship programs, including Haleigh Curlee.

Haleigh was 24 when she wasThe program is designed to allowdiagnosed with stage 2 breast cancer.diagnosed cancer patients a single

Her oncologist prescribed a double mastectomy, chemotherapy, and radiation to treat the cancer, and also recommended fertility preservation to help keep her ability to have children in the future. After learning about the large financial investment required to freeze her eggs, Haleigh was unsure if her dream of having children would become a reality.

She was referred to Moncrief Cancer Institute's Fertility Preservation Program. Moncrief's program works with cancer patients, ages 18 to 39, before, during, and after treatment, and is open to all patients regardless of disease progression, insurance plan, or the ability to pay. The program is designed to allow diagnosed cancer patients a single source that facilitates all aspects of fertility preservation and associated options. We partner with the Rutledge Cancer Foundation to help young adults with cancer offset the costs of fertility preservation.

"Moncrief Cancer Institute has been a blessing," Haleigh said. "They made freezing my eggs possible. They gave me peace of mind knowing that I can have children when the time is right. I could not have done this without them."



## Join The Fight For All.

## What does your investment do?



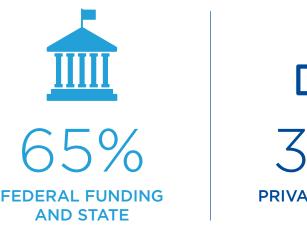
### **OVERVICES** FUNDS PROGRAM

- Prevention and Education
- Screening
- Patient Support
- Research and Treatment

50% FUNDS SUPPORT OSERVICES

• Administration Expenses

#### HOW WE'RE FUNDED





35%

We must care about the most vulnerable population in our community.

Moncrief continues to provide financial assistance and emotional support to cancer patients and their families.

Today, we are asking you to join us in the fight for all. Your gift helps patients and families in our community stay healthy, strong, and hopeful during a very difficult time. Together, we can bring comfort to the minds and hearts of countless cancer patients and their families.

#### GIVE TODAY AT MONCRIEF.COM



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**UTSouthwestern** 





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